



***WINE COUNTRY TABLE: With Recipes that Celebrate California's Sustainable Harvest***

**Detailed Table of Contents**

<b>FOREWORD</b>	<b>8</b>
<b>INTRODUCTION</b>	<b>11</b>
Box: AVA Defined	12
<b>FROM THE NORTH COAST</b>	<b>17</b>
Wines	21
Box: Pinot Noir	23
Mendocino County	
Handley Cellars	25
Box: Cool Whites	30
Lake County	
Six Sigma Winery	32
Box: Sauvignon Blanc	36
Sonoma County	
Francis Ford Coppola Winery	38
Box: Cabernet Sauvignon	44
Napa County	
Cakebread Cellars	46
Box: Merlot	52
Solano County (in Wines Overview)	
Los Carneros	
Domaine Carneros	55
Box: Sparkling Wine	58
Harvest	61
Apples, Pears	62
Salad Greens	65
Side Bar: Paradise Valley Produce	65
Henderson Family Farms (Pears)	66
Recipes	71
Mixed Chicory Salad with Red Pears and Blue Cheese	71
Little Gem Lettuces with Olive Oil-Poached Tuna	72
Braised Pork Shoulder with Apples, Carrots, and Parsnips	75
Zinfandel-Poached Pears with Mascarpone Cream	76
Heirloom Apple Galette with Honey Ice Cream	79
<b>FROM THE SIERRA FOOTHILLS</b>	<b>83</b>
Wines	87
Nevada County (in Wines overview)	
Placer County (in Wines overview)	



El Dorado County (in Wines overview)	
Amador County	
Turley Wine Cellars	89
Box: Zinfandel	93
Calaveras County (in Wines overview)	
Harvest	95
Dried Plums, Peaches and Nectarines	96
Almonds, Walnuts	99
Taylor Brothers Farms (Dried Plums)	101
Recipes	107
Golden State Granola	107
Dried Plum-Buttermilk Smoothie	107
Peach and Rhubarb Jam	108
Walnut and Green Olive Dip with Pomegranates and Pistachios	111
Pappardelle with Walnut-Kale Pesto	112
Red Wine-Braised Duck Legs with Dried Plums	115
Almond, Orange and Olive Oil Cake	116
Nectarines in Raspberry Wine Sauce with Toasted Almond and Anise Biscotti	119
<b>FROM THE INLAND VALLEYS</b>	<b>123</b>
Wines	127
Sacramento Valley	
Heringer Estates	129
Box: Up and Coming Reds	132
Lodi and the Delta	
The Lucas Winery	137
Madera County (in Wines overview)	
San Joaquin Valley (in Wines overview)	
Harvest	141
Apricots, Asian Greens	142
Asparagus, Cherries	145
Figs, Table Grapes	146
Extra Virgin Olive Oil, Kiwifruits	148
Persimmons, Pomegranates	149
Pistachios, Tomatoes	151
Couture Farms (Asparagus)	154
Lodi Farming (Cherries)	159
Enzo Olive Oil Company (Olive Oil)	162
Box: Ripe Olives	167
J. Marchini Farms (Figs)	168
Recipes	174
Breakfast Bruschetta	174
Sidebar: Bridge Fest	174
Potato Focaccia with Olives and Rosemary	177
Arugula, Fennel, and Persimmon Salad	178



Kale Salad with Red Grapes, Walnuts and Feta	179
Warm Salmon Salad with Asparagus, Farm Eggs, and Fingerling Potatoes	180
Golden Beet, Pomegranate, and Feta Salad	183
Chinese Chicken Soup with Egg Noodles Baby Bok Choy, and Pea Shoots	184
Roasted Tomato Soup with Tortilla Crisps	186
Ramen with Asparagus, Shiitake, and Edamame	189
Polenta with Slow-Roasted Tomatoes and Teleme Cheese	190
Baked Lingcod with Green-Olive Salsa Verde	193
Grilled Lamb Shoulder Chops with Pomegranate Marinade	194
Grilled Pork Loin, Sausage, and Fig Skewers	195
Seared Duck Breasts with Port and Cherry Sauce	196
Stir-Fried Skirt Steak with Chinese Broccoli and Shiitake	199
Old-Fashioned Chocolate Sheet Cake with Bing Cherry Sauce	200
Warm Apricot and Cherry Crisp	203
Greek Yogurt Parfait with Baked Figs and Sesame Brittle	204
<b>FROM THE CENTRAL COAST</b>	<b>207</b>
Wines	211
Box: Grenache, Syrah, Mourvedre	212
San Francisco Bay (in Wines overview)	
Livermore Valley	
Concannon Vineyard	215
Petite Sirah	219
Santa Clara Valley (in Wines overview)	
Santa Cruz Mountains	
Ridge Vineyards	222
Box: Historic Vineyard Society	227
San Benito County (in Wines overview)	
Monterey County	
Scheid Vineyards	231
Box: Chardonnay	234
Paso Robles	
Tablas Creek Vineyard	237
San Luis Obispo County	
Chamisal Vineyards	243
Box: Rose	247
Box: Syrah	250
Santa Barbara County	
Cambria Estate Vineyard & Winery	252
Harvest	259
Artichokes, Avocados	260
Broccoli Rabe, Brussel Sprouts	262
Fava Beans, Garlic	263
Radicchio, Strawberries	265
Hilltop & Canyon Farms (Avocados)	266



Recipes	329
Fava Bean Toasts with Ricotta and Mint	273
Frittata with Broccoli Rabe and Sheep Cheese	274
Scallop Crudo with Avocado and Pink Peppercorns	277
Shrimp, Artichoke, and Farro Salad	277
Spring Vegetable Tabbouli with Beans, Radishes, and Spring Herbs	281
Gilroy Garlic and Potato Soup	282
Pizza with Artichokes and Arugula Pesto	285
Risotto with Radicchio and Pancetta	287
Steamed Dungeness Crab with Garlic Aioli	289
Grass-Fed Burger with Avocado and Chipotle Mayonnaise	290
Lamb Meatballs and Artichokes with Olives	293
Brussel Sprouts with Brown Butter and Tarragon	297
Strawberry Sherbet with Sparkling Wine	298
Farmers' Market Berries with Late-Harvest Wine Sabayon	301
<b>FROM SOUTHERN CALIFORNIA</b>	<b>303</b>
Wines	309
Los Angeles Area (in Wines overview)	
Cucamonga Valley (in Wines overview)	
Temecula Valley	
Palumbo Family Vineyards	313
San Diego County (in Wines overview)	
Harvest	317
Citrus, Dates	318
Herbs	321
Box: North Shore Living Herbs	321
Resendiz Brothers (Cut Flowers)	323
Box: Proteas	327
Recipes	329
Mixed Citrus Salad with Fennel and Dates	329
Steamed Clams with Lemongrass, Coconut Milk, and Thai Basil	330
Dungeness Crab and Avocado Tostadas	333
Vietnamese Chicken Pho	334
Box: How to Eat Pho	337
Roasted Chicken with Meyer Lemon and Smoked Paprika	339
<b>ACKNOWLEDGEMENTS</b>	<b>342</b>
<b>INDEX</b>	<b>344</b>